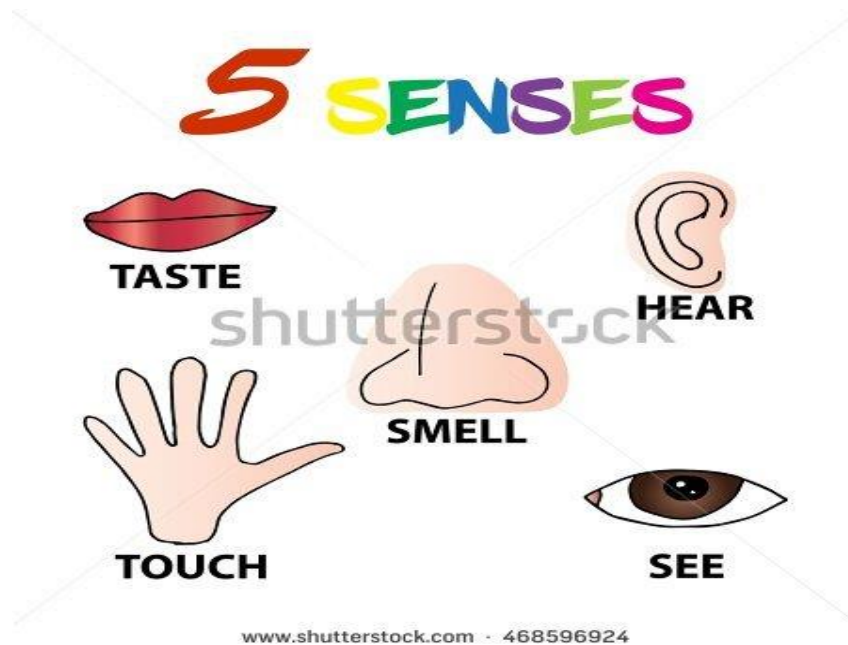


**NEW HORIZON SCHOOL**  
**SUPPORT MATERIAL**  
**PERIODIC TEST- 1**  
**SUBJECT – EVS**  
**CLASS – 3**  
**SESSION: 2018 - 2019**

## Chapter – 2

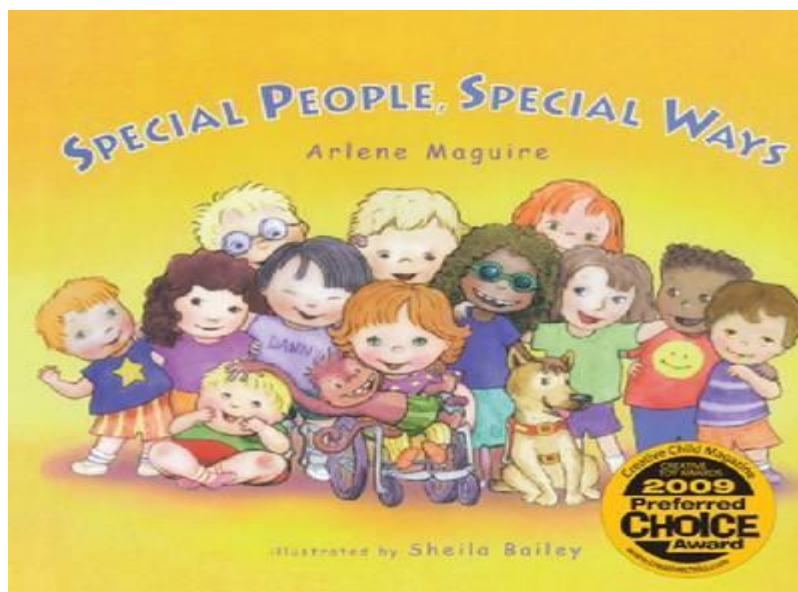
### Be fighting fit

**Sense organs:** sense organs are the parts of body which help us to sense about outer world. Humans have five sense organs: **eyes, ears, nose, tongue and skin.**



### Special people:

Some people do not have one or more abilities. They cannot walk or see or hear, etc. Such people are called **physically challenged** or **special people**.



As humans grow old, the ability to use sense organs becomes weak. Therefore, life becomes difficult for old people too.

## Who are “special people”

❖ They include a child who has :

- ✓ Intellectual Disability,
- ✓ Hearing Impairment (including deafness),
- ✓ Speech or language Impairment,
- ✓ Visual Impairment (including blindness),
- ✓ Serious Emotional Disturbance,
- ✓ Orthopedic Impairment,



**Help for the special people:** we should be sensitive to the needs of special people. We should help them.

Here are some general rules for helping special people:

- Always treat people with disabilities as equals.
- Always ask before you help.
- Do not stare.
- Respect and understand confidentiality.
- Be respectful in your words and actions.

## How to help physically challenged people in school?

1. Help them to reach their class room.
2. Help them to complete their work.
3. Help them to climb the stairs.
4. Escort them to their school bus.
5. Help them in filling their water bottle from water cooler.



## Chapter – 3

### Work around me

#### Occupation:

- The work that people do to earn money is called **occupation**.
- People use their earning to fulfil their needs.
- People have different occupations.
- People use their skills and training to do work.
- Some people make things to earn money.
- Shoemakers, engineers, bakers, tailors, carpenter, etc., make things.

#### What people do to earn money?

\*Some people sell things to earn money. Greengrocer, florist, stationers, drapers, chemists, etc., sell things.

\*Some people repair things to earn money. Cobblers, mechanics, plumber, etc., repair things.

\*Some people provide useful services to earn money. Doctors, policemen, postmen, teachers, etc., provides services.



### Working children:

\* The children do not go to school. They do not have time to play and rest. This is called **child labour**.

\* Children work as servants, newspaper boys, balloon and flower seller, at dhabas and tea shops, etc.

\* They also do dangerous work like repair vehicles, make glass and fireworks, etc.

Children do not get good salary. They are not given healthy food and rest.

**Leisure time:** The time that we spend to take rest is called **leisure time**. Leisure keeps us fresh and healthy.



**Leisure time**



**Recreational activities**

**Recreation:** We fulfil our hobbies like reading, dancing during leisure time. This is called **recreation**.

### Recreational activities:

At home	Outside
Listen to music	Play outdoor games
Watch television	Go for movie
Read story books	Go to zoo
Play indoor games	Visit our friends



## Chapter: 4

### Sport and games

Playing is fun. Playing games and sports provide fitness and good health. It teaches about team spirit, fairness and discipline. We learn cooperate with others.

#### Why People play sports and games for?

People play sports and games for fun and relaxation. It provides fitness and good health.

**Types of games:** Games are of two types: indoor games and outdoor games.

**Outdoor games:** Games that are played in open areas like park, playground, ground and stadium are called **outdoor games**. **Example:** cricket, football, field hockey, basketball, etc.

Games like badminton, tennis and golf are individual outdoor games.



**HOCKEY**

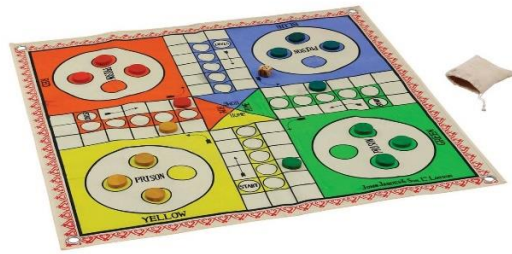


**CRICKET**

**Indoor games:** Games that are played indoors are called indoor games. People play indoor games mostly for recreation. Playing cards, carrom, billiards, chess and table tennis are popular indoor games.



**CHESS**



**LUDO**



**CARROM**

### **Places where people watch sports competition:**

- Stadium
- Play ground
- Indoor stadiums
- On television at home.

**Traditional games:** Our grandparents played the games in their childhood. These games were earlier played in India. These are *kushti*, *kabaddi*, *kho-kho* and *gilli danda*.

**Local games:** Local games are unique of a region or culture. Childre play local games such as I spy, seven tails (pitthoo), hopscotch (stapoo), kite flying, etc.

**National games:** National sport is a sport that is a part of the culture of a nation. Hockey is the national game of India.



### **Games of different countries:**

Sri Lanka	volleyball
Pakistan	field hockey
China	table tennis
Bhutan	archery
Afghanistan	buzkashi
Bangladesh	kabaddi
Myanmar	Ching lone

**Sportspersons of India:** Sportspersons are people who take up sports as a profession to earn a living. They play individual sport or team sports.

Indian sportspersons are Gang Narang, Sania Nehwal and Mary Kom.



**Sania Mirza**



**M S Dhoni**



**Saina Nehwal**



**Mary kom**

